Group leaders this information is yours to communicate. An individual's attendance of an event at CBS implies their knowledge and consent of all information, rules, and policies.



INFORMATION & ORIENTATION

We are delighted you are coming! Campus by the Sea (CBS) is a non-profit camp, located on Catalina Island. The only access to camp is by boat or hiking. Below is helpful information.

WHAT TO BRING:

Clothing: T-shirts, jeans, shorts, modest swimsuit, pajamas, underwear, layers for chilly mornings and evenings, hiking shoes, beach shoes (rocky beach), hat or baseball cap (sun protection).

Bedding: Bring a sleeping bag and a pillow rolled tightly together. CBS does not provide pillows or sheets/blankets.

Miscellaneous: Bath/beach towel, shampoo, soap, personal items, sunscreen, and flashlight (essential!!).

You should not bring: Radios, TVs, cellular phones, pagers, computers, electrical gadgets, video drones, weapons, pets, spear fishing gear or SCUBA diving equipment.

RECREATION:

Waterfront: swimming, ocean kayaks, paddle boards, snorkeling gear, inner tubes. On your group's first full day in camp, full waterfront activities are available afternoons from 1:30-4:30pm, only at the stated times and when lifeguards are on duty. Diving from the pier is not permitted. No SCUBA diving or spear fishing is allowed at CBS.

Activities: basketball, volleyball, ping-pong, tether ball, horseshoes, hiking, shuffleboard, disc golf, gaga pit

Hiking: There are a few easy trails within our canyon. More strenuous trails outside the camp property require permit instructions and trail maps from the camp office. Do not hike alone and no hiking or climbing on cliffs.

MEDICAL INFO/MEDICINE DISPENSING/EMERGENCY SERVICE:

Every camp participant must fill out a medical & sign an individual release form in campwise. Minor Campwise accounts must have parent/guardian signature and emergency contact phone number. Prescription drugs for minor campers must be in originally labeled bottles/packaging (no meds in baggies or zip locks) and given to camp's Health Supervisor for dispensing. Medication refrigeration is available. There is a medical clinic in Avalon and 911 service for emergencies. All individuals must have proof of insurance on their person if able.

DINING ROOM:

Dining Room Attire: Shirts, pants/shorts/dress and shoes are required at all meals. No bathing suits.

Dietary Needs: At CBS, we can accommodate vegetarians and vegans as well as those with allergies to gluten, lactose, peanuts, tree nuts, and most other conditions when notified in advance. Our kitchen is nut free, though some of our products may come from facilities where nuts are processed. Include dietary information when you are registering for camp with your group.

(More on second page)

Opportunity To Serve (OTS): provides an atmosphere of service and team building. Be prepared to help place cups and pitchers on the tables before each meal, then wash dishes, reset tables and sweep/clean after each meal.

GENERAL INFORMATION & CAMP POLICIES:

Special Travel: Missed days or missed legs of ferry charter are not refunded. Any travel arrangement and cost outside of the camp-chartered boat is camper's responsibility. Arrangements need to be communicated in advance to the guest coordinator. Additional charges will apply if shore-boats or camp boats are needed to transport a group or individual into or out of Avalon. Typically, a \$20 shuttle fee each way.

Camp Store: Open each afternoon and for a half hour prior to your departure from camp. Items available: sundries, souvenirs, beverages, and snacks. Cash, checks, and debit cards (\$5 minimum for card) accepted.

Communication: Cell phones do not work in camp. There is one courtesy phone located: near Lighthouse Seminar Room. There is no Wi-Fi or internet access nor computer, e-mail, modern service for camper use. Please have speakers/administrators plan necessary downloads accordingly.

Messages and Mail: The camp phone number is (310) 510-0015. (Answered 9am-5pm daily)

The camp address is **Campus by the Sea**, #I **Gallaghers Cove**, **P.O. Box 466**, **Avalon**, **CA 90704**. Mail goes out daily at approximately 3:00pm. A mailbox for outgoing mail is located outside the camp office. Mail to campers should be sent a full five days before event (not recommended for weekend conferences).

Facilities: Enclosed cabins, open air cabins, tents. *No electricity in cabins or tents*. Centrally located rest rooms with flush toilets, electricity, and hot showers. Enclosed dining hall and meeting rooms. There are no camper laundry facilities.

Water: CBS is located on a desert island where water is considered a precious resource. Campers are asked to conserve water. We encourage guests to bring their own reusable container or water bottle.

Fire and Smoking: Due to extreme fire danger and isolation from outside assistance, absolutely **NO SMOKING** is allowed in camp except at the campfire ring at the beach. This includes e-cigarettes or vaping. No playing with matches, lighters, or fireworks. *No candles are allowed at camp*. All cabins are supplied with a fire extinguisher. A \$150 fine will be charged to any individual or cabin who wrongfully discharges a fire extinguisher.

Camper Supervision and Conduct: Groups bringing minors must provide at least one adult chaperone per cabin. unit. Chaperones provide supervision of campers at all times (i.e., meetings, meals, recreation and free time).

Communicable Diseases: Please check your symptoms and do not come to camp if you are feeling sick. While on sight, wash your hands throughout the day and don't share objects with others. Please do not discourage anyone who wishes to wear a mask throughout your stay. Currently the restaurant/grill at the terminal is closed. If you are coming to the terminal around a mealtime you will need to eat before you arrive or bring food and eat it outside in the courtyard of the terminal. CBS is presenting this information with expectation that all guests/campers will honor guidelines as they are now and if they change per LA county out of respect for the total camp community. Remember – the purpose for the guidelines is to keep everyone well.

No food in cabins: Wild animals will enter buildings to find snacks.

Alcohol and Drug Use: Use of alcohol or any non-prescription drug will be cause for automatic dismissal from camp.

Disciplinary Action and Property Damage: Any camper sent home for disciplinary reasons will pay all their own travel and related expenses, forfeit all camp fees, and make full payment for any damaged property. Fines will be charged for any defacement of CBS buildings or equipment due to negligence. Such activities are contrary to the very purpose of the camp and may jeopardize future use of the camp by the individual's group.

Updated: 07/2023